

Montville Youth Advisory Board Minutes

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March 16, 2023 6:00 p.m. Montville Community Center Special Meeting Minutes

Members Present: Chairman: Daniel Dunn, Tim Shanahan, Brianne Messer, Susan Rickards, Dan Boisvert, Sheelagh Lapinski, Officer Karen Aleshire

Also Present: MYSB Director Barbara Lockhart, Youth Liaisons Addie Concascia & Brendan Duhamel and MYSB Administrative Assistant Dianne Peltier

Absent: Town Council Liaison Councilman Robert Yuchniuk, Vouise Fonville, Loretta Drain and William Carlos

The meeting was called to order at 6:00 p.m.

I. Chairman's Report (Dan Dunn)

- Communications/Correspondence
 - Talked again about using text rather than email for communicating for meeting attendance
- Other Business to Report
 - o N/A

II. Town Council Liaison Update (Robert Yuchniuk)

No Report

III. New Business

- Shamrock Shakes
 - Always a great time! Serving up shakes from 3:00 5:30

• Focus Groups for DMHAS

 Barbara sent information to Superintendent looking for students/parents to participate in a zoom about mental health. Gift cards are available for all who participant

Summer Center

Runs from June 27th through August 17th \$450 (check, money order and cash only).
 Field trips, breakfast and lunch are included. Registration is Monday, May 8th starting at 8:30. First come, first serve and 30 spots are available

Youth Testimony

 Jimsly Joseph and Brendan Duhamel both testified via zoom to the Appropriations Committee on behalf of all Youth Services asking for an additional \$60,000 each for Mental Health and diversion initiatives

Counseling

 Received an additional \$15,000 from ARPA funds. Added another day to the counseling services – very busy

• <u>Sustainable Committee</u>

o Using an equity toolkit as a guideline to earn points to make Montville a more equitable town, which attracts more people into the town.

LEAD

 Free table program – qualifications include Husky, WIC, EBT, etc., vet disability or earns \$45,000 or less with one pay stub. Handout will be March 31, 2023 at the Community Center

Van

o Pick up tomorrow, 7 passenger, ARPA funds – being used to pick up Mohegan students to get them to the ASP at a decent time and also YAC related outings, special license which one staff member already has and another who is in the process of getting one

IV. Old Business

Green Out Day for Sandy Hook

 Nice turnout, The Day Paper covered the story, the luminary bags with hand-drawn pictures of victims' pictures were sent to Newtown

Stocking Drive

o Goal was met and beyond! Thank you to all who donated gift cards!

STEAP

 New gym floor and new front floor finished. Bathroom renovations are coming soon

ARPA

Split units are underway!

Winter Wonderland

 Penny Drive – Youth Center/Program in FL rebuilding after hurricane, Pie in the Face Contest coming soon

Courageous Conversation

 More successful as an assembly or a zoom, The Impact of Legalized Cannabis on Our Youth & Community – March 29, 7pm on zoom, more info or to register go to www.LYSB.org

V. YAC (Youth Action Council) (Brendan Duhamel Report)

Mental Health & Social Media Survey

- 112 responses 2/3 of MHS students spend 6 or more hours a week on their phones
- 66% of students are distracted from school or school work by their phones
- Nearly 80% of students check social media as part of their daily routines
- Social media affects 70% of MHS students' mood
- 58% of MHS students report that social media has influenced their decision to speak up or shut up
- YAC members will be creating posts around this information, and will also create some educational posts about social media safety

• Strive for 85 Vaping Campaign

- o YAC members have been working on social media posts, flyers and banners
- Book covers (play on words for vaping) will be put in the Raymond Hill Library, and hopefully TYL & MHS libraries
- Flyers with QR code to our parent information post saying that 85% of youth in Eastern CT have never vaped in their lifetime
- Social media posts using positive information and additional educational posts will be posted on social media within the next week
- Barb added that Addie created new banners about marijuana to add to playgrounds and ball fields
- Karen added that vaping is a huge issue within the population of students that vape – 5 expulsions and 10 distributions

Podcast

 YAC Chat with Josie podcast will be live tomorrow! Links to podcast will be available on our FB page. Josie's second podcast will be live around spring break.
 A second podcast will be available from Dan & Jenna sometime in May

VI. Good & Welfare

 Mental Health resource bags for self-care which YAC will be putting together and make available to counselors to hand out as needed

VII. JRB Update (Cases, Dispositions, Referrals)

Cases

 Case load has increased a lot since changes were made at the JJ court – Predict assessment is used, high risk court keeps otherwise referred back to JRB

VIII. Other Business

• Grants (State & Local)

Budgets (State & Local)

 Waiting to hear July 1st if the \$60,000 will be approved for each Youth Service Bureau

X. Adjournment, 1st Tim, 2nd Dan B.

Motion to adjourn made by Dan, 1st Susan, 2nd Tim Meeting was adjourned at 7:25 p.m.

XI. Next Meeting

Thursday, April 13, 2023 – 6:00pm Montville Community Center

Submitted by Dianne Peltier, Administrative Assistant MYSB